

PRAMS, 2004-2006			Baby Friendly Hospital Environment (Hospital perspective)***		MPINC, 2007		
Barriers to Breastfeeding		WIC	Non-WIC			VT	U.S.
Baby was sick		1%	1%	Labor and Delivery		89	60
Mom was sick or on medication		13%	9%	Breastfeeding assistance		95	80
Other children to care for		30%	25%	Mother-newborn contact		81	70
Too many household duties		17%	13%	Newborn feeding practices		92	77
Didn't like breastfeeding		57%	54%	Breastfeeding support after discharge		72	40
Didn't want to be tied down		15%	24% *	Nurse/birth attendant breastfeeding training and education		63	51
Embarrassed		16%	10%	Structural and organizational factors related to breastfeeding		74	66
Work/School		16%	21%				
Wanted body back to self		14%	20%				
PRAMS 2004-2006			Birth Outcomes Affecting Breastfeeding Rates		MPINC, 2007		
Reasons for Stopping Breastfeeding		WIC	Non-WIC			VT	U.S.
Baby had difficulty nursing		31%	33%	Labor and Delivery		89	60
Breast milk alone did not satisfy baby		38%	36%	Breastfeeding assistance		95	80
Baby not gaining enough weight		11%	11%	Mother-newborn contact		81	70
Baby got sick		4%	1% *	Newborn feeding practices		92	77
Nipples sore		27%	23%	Breastfeeding support after discharge		72	40
Not enough milk		37%	35%	Nurse/birth attendant breastfeeding training and education		63	51
Too many household duties		14%	8% *	Structural and organizational factors related to breastfeeding		74	66
Right time to stop		21%	17%				
Mom got sick		7%	7%				
Work/School		16%	20%				
Wanted/needed someone else to feed baby		20%	16%				
Baby was jaundiced		11%	5% *				
Other		28%	28%				
PRAMS 2004-2006			Feeding Status (WIC Program)		MPINC, 2007		
Pre-natal Care		WIC	Non-WIC			2008	2009
Doctor, nurse or health care worker talked about breastfeeding baby.			*	Fully breastfeeding		61%	--
		92%	87%	Mostly breastfeeding****		56%	--
				Some breastfeeding		33%	--
PRAMS 2004-2006			Breastfeeding rates		2010 Goal %		
Breastfeeding intention (WIC Program)		2008	2009	2007 %			
Intended to breastfeed at prenatal visit		68%	---	Breastfeeding initiation (WIC)	72	94	
				Breastfeeding initiation (All Vermont**)	86	75	
				Breastfeeding at 1 week (WIC)	69	94	
				Breastfeeding at 4 weeks (WIC)	57	73	
				Breastfeeding at 8 weeks (WIC)	46	62	
				Breastfeeding at 3 months (WIC)	42	50	
				Breastfeeding at 6 months (WIC)	31	44	
				Breastfeeding at 6 months (All Vermont**)	58	50	
				Breastfeeding at 12 months (WIC)	16	32	
				Breastfeeding at 12 months (All Vermont**)	40	25	
							2010
							2007 Goal %
				Exclusive breastfeeding at 1 week (WIC)	72	82	
				Exclusive breastfeeding at 4 weeks (WIC)	40	59	
				Exclusive breastfeeding at 8 weeks (WIC)	33	44	
				Exclusive breastfeeding at 3 months (WIC)	29	35	
				Exclusive breastfeeding at 3 months (All Vermont**)	45	40	
				Exclusive breastfeeding at 6 months (WIC)	22	31	
				Exclusive breastfeeding at 6 months (All Vermont**)	22	17	

Note: Unless otherwise stated, WIC data is from the Vermont WIC Program.

* Statistically significant difference between WIC and Non-WIC Moms at the 0.05 level. Baby Friendly Hospital Environment comparisons adjusted for breastfeeding initiation. Source: Vermont Department of Health (2008). *Vermont Pregnancy Risk Assessment Monitoring System (PRAMS) data, 2004-2006* [Special tabulation].

** Breastfeeding data from the National Immunization Survey conducted during 2006 for children born in 2004.

***Maximum possible mean score is 100. Subscale definitions: *Labor and delivery*=mother-newborn skin-to-skin contact and early breastfeeding initiation. *Breastfeeding assistance*=assessment, recording, and instruction provided on infant feeding; not giving pacifiers to breastfed newborns. *Mother-newborn contact*=avoidance of separation during postpartum facility stay. *Newborn feeding practices*=what and how breastfed infants are fed during facility stay. *Breastfeeding support after discharge*=types of support provided after mothers and babies are discharged. *Nurse/birth attendant breastfeeding training and education*=quantity of training and education that nurses and birth attendants receive. *Structural and organizational factors related to breastfeeding*=1)facility breastfeeding policies and how they are communicated to staff, 2)support for breastfeeding employees, 3)facility not receiving free infant formula, 4)prenatal breastfeeding education, and 5)coordination of lactation care. <http://www.cdc.gov/mpinc>

****'Mostly' means more than half breastfeeding: WIC supplies enough formula to supply ½ of the child's needs at every age.

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